

St. Vincent's Behavioral Health Services
CHILD/ADOLESCENT PSYCHOLOGY EXTERNSHIP
PROGRAM

St. Vincent's Behavioral Health Services is offering placements for the fifth year of its Psychology Externship Program for the 2012-2013 academic years. Interested doctoral candidates enrolled in APA-accredited Clinical, Clinical/School, and Counseling Psychology Graduate Programs, who will have obtained their Master's Degree by the start of the externship, are encouraged to apply.

About St. Vincent's Behavioral Health Services

St. Vincent's Behavioral Health Services is a service of St. Vincent's Medical Center in Bridgeport, CT and a member of Ascension Health, a national Catholic healthcare system.

St. Vincent's Behavioral Health's mission *is committed to providing Exceptional Care for the Mind, Body, and Spirit*. St. Vincent's Behavioral Health integrates the Core Values of *Service to the Poor, Reverence, Integrity, Wisdom, Creativity, and Dedication* into all aspects of patient care and business operations. We are excited regarding our strategic plan to create a Center of Excellence for Child and Adolescent Psychiatric Services. The development of a Psychology Externship site is part of this broader vision. Currently, St. Vincent's Behavioral Health is one of the largest providers of Child/Adolescent Services in the State of Connecticut.

St. Vincent's Behavioral Health is an integrated continuum of behavioral health and addiction services for individuals and families in Fairfield County, southern Connecticut, near Westchester County, New York. Its components are St. Vincent's Behavioral Health Westport Campus, a 110-year old psychiatric hospital, housed in an award-winning, 76-bed, 60,000 square foot facility (2001), designed exclusively for the provision of mental health services, in Westport, CT. Our inpatient units serve child, adolescent and adult populations. The Child and Adolescent Inpatient Unit is for children ages 7 to 12 and adolescents ages 13 to 18. Psychiatric inpatient services for adults are also provided at St. Vincent's Medical Center in Bridgeport, CT. Our psychiatric hospital in Westport shares a beautiful campus with Seton Academy, a Connecticut State Approved Private Special Education School, which provides integrated educational and therapeutic services for children and adolescents ages 10 to 18.

St. Vincent's Behavioral Health also has two outpatient facilities. Hall-Brooke at Lois Street in Norwalk, CT includes an Adolescent Intensive Outpatient Program (IOP) for adolescents ages 13-17 with emotional, behavioral, psychiatric and accompanying substance abuse problems; and Adult IOPs for Behavioral Health and Addiction Psychiatry. St. Vincent's The Center at Bridgeport, CT also has an Adolescent IOP; Justice for Juveniles, a unique, long-term Case Management program for court-ordered

adolescents; and adult services, including Transitions, a General Adult IOP for individuals with severe mental health issues and secondary substance abuse disorders; and a Latino Partial Hospitalization Program and Latino IOP.

St. Vincent's Behavioral Health also has a Community Residential Services program which provides community-based, permanent housing where adults with psychiatric, substance abuse and dual diagnosis illnesses can live independently and function productively, with help from mental health professionals in a safe and supportive environment. Community Residential Services has made it possible for hundreds of people with chronic emotional and behavioral problems to escape homelessness and live responsibly in group and community settings.

St. Vincent's Behavioral Health Services are accredited by the Joint Commission on Accreditation of Healthcare Organizations, licensed by the Connecticut Department of Public Health, the Connecticut Department of Health, and the Department of Children and Families, and approved by Medicare, Medicaid, most major medical insurance companies, HMO's, and preferred providers.

Psychology Externship Training

The extern positions being offered involves a commitment of 16 hours per week from September 2012 to May 2013. Placement is on an intensive outpatient service working with adolescents. There may be opportunities for placement on a child and adolescent inpatient service, and opportunities to work with adults as well. St. Vincent's Behavioral Health Services is one of the largest providers of Child/Adolescent Services in the entire state of Connecticut.

Inpatient Placement is on a Child and Adolescent Psychiatric Unit located at St. Vincent's Behavioral Health Westport Campus hospital in a beautiful setting in Westport, CT, near Westchester. The comprehensive Child and Adolescent Inpatient Services provide a safe, seclusion-free, highly structured and supportive environment to encourage positive behavioral growth and improved functioning for children ages 7-12 and adolescents ages 13-18. In all of Fairfield County, St. Vincent's Behavioral Health has the only acute-care beds for children who need inpatient services due to major psychiatric problems and accompanying substance abuse problems. A multi-disciplinary treatment team includes professionals with the following credentials: MD, PhD, LCSW, LMFT, LPC, ATR, MT-BC, OTR/L, CTRS, RN, LPN, APRN, and mental health workers. This team, trained and experienced in childhood and adolescent disorders, provides comprehensive therapeutic services. Treatment includes individual, family, and group therapy; and psychiatric and psychopharmacologic treatment. Accredited educational services are provided as well.

Educational experiences offered to the Extern on the inpatient service include assisting Treatment Coordinators with provision of intake evaluations and supportive individual and family therapy, case coordination functions; participation in Morning Report,

observations of Psychiatric Evaluations, Discharges, and psychiatrist's meetings with patients and families, and may include provision of group therapy.

Outpatient Placements are in our Adolescent IOP located in Norwalk, CT immediately off of U.S. Route 1, and immediately accessible by I-95 or the Merritt Parkway. The program is open to adolescents ages 13-17 with emotional, behavioral, psychiatric and accompanying substance abuse problems. Each child receives an individualized treatment plan including psychiatric evaluations with medication management as well as individual, family, and group therapy. The outpatient multidisciplinary team includes professionals with the following credentials: MD, PhD, LCSW, LMFT, LPC, and day treatment counselors.

Educational experiences offered to Externs in the Adolescent IOP will include: cofacilitating group psychotherapy; attending multidisciplinary team meetings and Patient Rounds; observation and participation in Intake Assessments, Psychiatric Evaluations, individual, family, and psychiatric sessions and case coordination functions. Observation of the entire process involved in the Juvenile Justice Intermediate Evaluation Program, may be arranged, if desired, and clinical experience with Adult populations as well.

Additional Educational Opportunities

- Bi-monthly Grand Rounds; each year, 3 day-long Symposia on selected pertinent topics; Seminars and Case Conferences.
- Externs will be closely supervised by a Clinical Psychologist licensed in both CT and NY, and Child/Adolescent Psychiatrists. The extern will be provided with weekly supervision by a Licensed Clinical Psychologist.

Psychology Externship Supervisors

Debra Dorfman Botens, Ph.D: Dr. Botens, Program Coordinator of the Adolescent Intensive Outpatient Program in Norwalk, CT, received her Doctor of Philosophy in Clinical Psychology from the State University of New York at Buffalo in 1994. She completed her PreDoctoral Internship and Neuropsychology Post Doctoral Fellowship at the Massachusetts Mental Health Center/Harvard Medical School in Boston, Massachusetts. Prior to joining St. Vincent's Behavioral Health in 2006, she was a Staff Clinical Psychologist and Program Supervisor for a number of Community Mental Health Centers and School-Based Health Centers affiliated with Rochester General Hospital in Rochester, New York.

Asini Gunawardana, MD

Dr. Gunawardana is a board certified child, adolescent and adult staff psychiatrist at St Vincent's Behavioral Health Services. She completed her residency and fellowship training in 2006 at the University of Texas in Houston. After graduation, she joined Capital Health System in Trenton, New Jersey as the Child Psychiatrist in the Youth Emergency Services. Later she joined the University Medical Center in Princeton, New

Jersey as the child psychiatrist in the intensive outpatient and partial hospital program at Princeton House. She has also worked in private practice and as adjunct faculty at the Robert Wood Johnson Medical School in New Jersey from 2007- 2009. She has published in 2 journals and presented at the American Academy of Child and Adolescent Psychiatry 53rd annual meeting in 2006.

Zheala Qayyum, MD

Dr. Zheala Qayyum is a staff Child and Adolescent Psychiatrist, currently working at St. Vincent's Behavioral Health child and adolescent inpatient unit. She completed her training in General Psychiatry at The University of Connecticut and her fellowship in child and adolescent psychiatry at the Institute of Living/Hartford Hospital, CT, where she also completed a fellowship in psychosomatic medicine, with a special focus on psycho-oncology and palliative medicine. She has experience in the treatment of adolescents in juvenile detention settings, as well as the care of medically and terminally ill children, adolescent and adults. She is certified in General Adult Psychiatry, and Child and Adolescent Psychiatry by the American Board of Psychiatry and Neurology.

Application Procedures

Please submit the following information to the address below:

- Cover letter with a personal statement describing your clinical experience and interests
- Your Curriculum Vitae
- Official transcripts from your current Graduate Program
- Two written Letters of Recommendation, including assessment of readiness for participation in externship, in sealed envelopes with signature/date across seal

Debra Dorfman Botens, Ph.D.
Externship Training Coordinator
Hall-Brooke Behavioral Health Services
1 Lois Street
Norwalk, CT 06851

Dr. Botens can be reached at (203) 341-4508 or dbotens@stvincents.org to address any questions regarding the externship.

Applications for externship are due after January 15, 2012 and interviews will take place January and February, 2012.